

Contact:  
Charlie Vincent, Delaware Charity Challenge  
302-566-8008  
[charlie@challengede.com](mailto:charlie@challengede.com)

For Immediate Release

## **COMPETITORS RACE, RIDE, AND WIN FOR CHARITY IN THE SECOND ANNUAL FIRST STATE DUATHLON**

Wilmington, DE, July 24, 2018 – Spur Impact Association, a nonprofit focused on connecting young professionals and inspiring them to get involved and make an impact in their career and community, is pleased to announce the results of the 2018 First State Duathlon trail run and bike competition, which took place on Saturday, July 21, 2018 at Bellevue State Park in Wilmington. The rain held off for the more than 100 spectators who came out to cheer the 62 competitors in the second annual race, which consisted of trail run (3.1 miles), trail bike (approximately 7 miles), and a trail sprint (approximately 7/8 mile) (total distance about 11 miles).

The 2018 race was divided into several scoring competitions. The winners were:

- Men's Individual Duathlon: **Ryan Stahnke (Newark, DE)** 47:03
- Women's Individual Duathlon: **Randy Wintermantel (Newark, DE)** 57:56
- 2-Person Men's Relay: Team CF, **Arthur Eng (Wilmington, DE)** and **Matt Holloway (Wilmington, DE)** 48:48
- 2-Person Co-Ed Relay: Team Lord Hounderton, **Maggie Guterl (Chadds Ford, PA)** and **Ryan Schannauer (Chadds Ford, PA)** 56:21
- 2-Person Women's Relay: Team Double Trouble, **Suzanna Stettenius (Coatesville, PA)** and **Diana Gillam (Coatesville, PA)** 1:00:19
- 3-Person Co-Ed Relay: Team SYMAJI, **The Chen Family (Newtown Square, PA)** 1:11:50
- 3-Person Women's Relay: Team We Thought They Said Rum, **Emily Falcon (Wilmington, DE)**, **Erin Hanlon (Newark, DE)**, **Kelly Green (Newark, DE)** 1:32:50

Full results, pictures, and video from the competition are available on the First State Duathlon website, Facebook, and Instagram.

The First State Duathlon is also the official summer fundraising competition for the Delaware Charity Challenge, a unique fundraising and athletic competition designed to give organizations, families, and individuals a fun way to raise money and awareness for their favorite causes. Since Spring 2015, participants in the different competitions have collectively raised more than \$150,000 for different area nonprofits they support. Five different nonprofits were represented by different teams in this year's race: **Combined Campaign for Justice**, **Delaware Breast Cancer Coalition**, **Mike Clark Legacy Foundation**, **Team Sanfilippo Foundation**, and **Urban Bike Project of Wilmington**. For raising the most money in the Summer Race to Raise fundraising contest, Team Sanfilippo won a bonus \$225 prize for their nonprofit beneficiary. In addition, each of the

winners in five different divisions won \$25 prizes to donate to those nonprofits. Stahnke, Wintermantel, Lord Hounderton, and Team CF donated their prize money to Urban Bike Project. Team We Thought They Said Rum split their prize money between Combined Campaign for Justice and Urban Bike Project. Team Double Trouble donated their prize money to Mike Clark Legacy Foundation. Team SYMAJI donated their prize money to Delaware Breast Cancer Coalition. In total, the five nonprofits won or raised \$740 through the First State Duathlon and Delaware Charity Challenge.

"The First State Duathlon (and the Delaware Charity Challenge in general) is a fun way to keep active and to support great nonprofit organizations," says Adam Morgan, Treasurer of Spur Impact, the nonprofit behind the First State Duathlon and the Delaware Charity Challenge. "It is a family friendly event that encourages fun, fitness, and community service."

The 2019 Delaware Charity Challenge competition kicks off in on Saturday, January 5 with the 4th Annual Winter Run, Row, Bike Indoor Triathlon at the Chase Center on the Riverfront in Wilmington, followed by the 5th Annual Spring Games at Lums Pond on Saturday, May 4. The 2019 First State Duathlon will be scheduled soon and that date will be announced on the First State Duathlon website and Facebook and Twitter pages once it is finalized.

For more information about the First State Duathlon, visit [firststateduo.com](http://firststateduo.com). For more information about the Delaware Charity Challenge, visit [delawarecharitychallenge.com](http://delawarecharitychallenge.com).

#### About the First State Duathlon

The First State Duathlon is a trail-race duathlon, with all three legs of the competition taking place on different trails at Bellevue State Park and is the official summer competition for the Delaware Charity Challenge. Visit [firststateduo.com](http://firststateduo.com) for more information.

#### About the Delaware Charity Challenge

The [Delaware Charity Challenge](http://DelawareCharityChallenge.com) fundraising and athletic competition is designed to give organizations, families, and individuals a fun way to raise money and awareness for their favorite causes. Since Spring 2015, participants in the Delaware Charity Challenge have collectively raised more than \$150,000 for area nonprofits.

#### About Spur Impact Association

Spur Impact Association is a Delaware-based nonprofit whose mission is to be the premier hub developing, engaging, and inspiring tomorrow's leaders by fostering connections with people, nonprofits, and businesses to promote growth personally, professionally, and philanthropically. The First State Duathlon and the Delaware Charity Challenge are both initiatives of the Spur Impact. For more information, visit [spurimpact.org](http://spurimpact.org).